



## Stirling CAB

### Energy Best Deal – 2020 campaign launches

***Energy Best Deal can help you pay no more than you need to.***

Energy Best Deal project coordinator and session worker Kayleigh Sands is eager to help those in need in this time of uncertainty to save any extra money when it comes to energy bills. Telephone and email advice and support is available on 07498925151 and [Kayleigh.Sands@StirlingCAB.casonline.org.uk](mailto:Kayleigh.Sands@StirlingCAB.casonline.org.uk) (9.30 – 5 Monday to Friday).

The aim is to educate that there are ways to cut the cost of gas and electricity bills. The energy best deal worker can run a quick supplier analysis to make sure you are getting the best energy deal for you and discuss simple ways to keep your home energy efficient to save money. If bills are a struggle, we will look to discuss possible grants and schemes available to help as well as ways to help with fuel debt.

There are things in place to help people with energy costs and extra needs and we want to help educate members of the community about this help available. Kayleigh will be available to give qualified, trusted advice on matters relating to:



- Whether you are on the best energy tariff for your circumstances
- Energy savings tips to help save money at home
- Eligibility for grants and schemes to help with energy issues and other problem debts

Kayleigh says ***“Stirling CAB recognises that COVID19 has had such an impact on people facing financial and with people spending more time in their homes, this resulting in higher energy bills and it becoming struggle to pay these. We want to make people aware that there is help available.”***

For further information, or if you would like to discuss ways to save you money on your energy bills or for help to switch to a cheaper deal please call Kayleigh Sands on 07498925151 and [Kayleigh.Sands@StirlingCAB.casonline.org.uk](mailto:Kayleigh.Sands@StirlingCAB.casonline.org.uk) ( 9.30 – 5 Monday to Friday).

**Word Count: 317**

### **Note to editors**

Changing supplier is easy and could save you hundreds, especially if you've never switched before:

### **Case Study**

The client visited a CAB as his current tariff had come to an end and he wanted help to find a better one. The CAB adviser helped the client to compare energy deals online and found a 3 year fixed deal which was cheaper than his current deal.

While switching, the adviser found out that the client had been paying too much direct debit each month and would be due a **refund**. They also found out he would be eligible for the **Warm Home Discount** with his new supplier.

The new deal saved the client a total of **£158** per year. He also received a refund of **£259** from his supplier and the Warm Home Discount of **£140** per year.

- *“What a pity that this info is not more readily available to one and all!!”*

Stirling Citizens Advice Bureau is your local charity which is here for you in your time of need, whenever that may be. However, to be able to run the service, we need financial support to allow us continue to help others. By making a donation, you help us to keep our doors open.

All donations of any size make a real difference so please help us now by donating at:  
[Www.stirlingcab.org.uk](http://www.stirlingcab.org.uk)

You can also support CAB every time you shop online by registering with [www.easyfunding.org.uk](http://www.easyfunding.org.uk) and selecting Stirling District Citizens Advice Bureau Ltd as your chosen cause. It won't cost you a penny but we will receive a donation when you shop online.