



## News Release

### **As temperatures & incomes fall, Stirling CAB launches its Winter Warmth campaign**

November sees the launch of Stirling District Citizens Advice Bureau's Winter Warmth campaign. Each month throughout the winter will be publishing a monthly Winter Warmth Newsletter to draw attention to the support and advice available to all Stirling Council residents from Stirling CAB. Through providing holistic and individual energy saving advice, assistance on eligibility and applying for short and long term grants, seeking more economical deals, and maximising the household income, we aim to tackle and reduce the detrimental impact of fuel poverty.

Cold homes and spiralling fuel bills are a contributing factor that leads to ongoing and cumulating problems to the health and well-being of some of the most vulnerable people in our society. Older people, young children, those relying on electric or solid fuel heating, and those with an existing health condition are often the most at risk.

Craig Anderson, CEO of Stirling CAB said - *"With both temperatures and incomes dropping, Stirling CAB has launched its Winter Warmth campaign to raise awareness of its specialist Energy & Fuel poverty services across the whole district. Many people are at home more often as a result of the pandemic, using more electricity & gas & these new CAB services could really help - saving money, maximising incomes, switching energy provider, accessing grants & resolving fuel & money related problems. We would urge people to get in touch and the team are ready & willing to assist them"*.

Every month we will highlight success stories from the campaign to show the beneficial impact that could be achieved, along with advice and information on current grants, campaigns, and measures that could be implemented.

We would ask that if you, or someone you may know, are facing any type of new or ongoing difficulty or hardship, brought on by, or worsened by, the onset of winter, to contact the team to seek advice and assistance. Support can be obtained through telephone, email & face to face appointments at our offices or in your home once the Scottish Government deem it safe to do so.

The contact details for the Stirling CAB Energy/Income maximisation team are:

Azra Tabassum on 07498988993 - [azra.tabassum@StirlingCAB.casonline.org.uk](mailto:azra.tabassum@StirlingCAB.casonline.org.uk)  
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